



Together we can make a difference in the
lives of our friends and neighbors

1st Annual

Health and Wellness Expo



SUNDAY, MAY 17, 2015

10am - 4pm

**PREMIERE BANQUET CENTER
OLEAN, NY**

Cattaraugus County
DEPARTMENT OF COMMUNITY SERVICES



Why participate in the Healthy Living Festival?

The 2015 Healthy Living Festival is more than a “health fair”.

The event will feature great attractions like bounce houses for the kids,
giveaways and raffles, zumba demonstrations, team photo booth,
health screenings, and a special “Kids Health Zone.”

Let's create healthy families through healthy living!

**HEALTH & WELLNESS VENDORS
PROFESSIONAL SPEAKERS FROM THE
HEALTH & WELLNESS COMMUNITY
3K WALK • KID ZONE • CHICKEN BBQ
ENTER TO WIN A WEBER PROPANE GRILL**

- TEACHING HEALTHY HABITS
- JOBS IN HEALTHCARE
- SMOKING CESSATION
- PREVENTATIVE HEALTH
- HOLISTIC HEALING
- GETTING EXERCISE
- EATING HEALTHY

