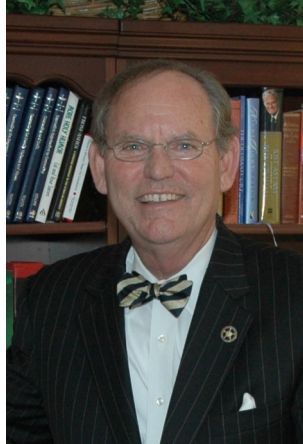




**The Cattaraugus County Suicide Prevention Coalition would like to invite you to attend...**

**The Enemy Within: Police, Veteran, and  
First Responder Suicide Awareness Training**  
With Robert Douglas and Sheriff Timothy  
Whitcomb



Robert Douglas Jr. Founder and Executive Director of the National Police Suicide Foundation, Inc. is a retired police agent from the Baltimore City Police Department. Mr. Douglas is considered a leading expert in the area of police suicide, according to DATELINE, CNN, Time Magazine, and USA Today. Bob is the author of three books, Death With No Valor, Hope Beyond the Badge, and Healing for a Hero's Heart. His latest book, The Art of Being You, is coming out in 2013.



With over 20 years of law enforcement experience, Sheriff Whitcomb offers a dynamic, powerful and emotional presentation regarding the reality of the incident rate of Post Traumatic Stress Disorder within the ranks of our Law Enforcement community. Emphasis is placed on the history of PTSD, with a specific focus on police suicide, as well as recommendations for administrative training to prepare, insulate, protect and treat the expected exposure to trauma.

Who should attend this training?

Law Enforcement Officers  
EMT/EMS Personnel  
Veterans  
Fire Fighters  
Veterans Service Providers

Family members of first responders  
Family members of Veterans  
Health Care Providers  
Clergy Members  
Mental Health Providers

**Date: Wednesday November 6, 2013**

**Location: Allegany American Legion  
4350 Route 417, Allegany, NY 14760**

**Time: 9:00 AM-5:00PM**

**This is a FREE training and lunch will  
be provided.**



**For questions or to register please call:  
Meghan Monahan, LMHC  
(716) 701-3315**